



### From the South

Take the M11 Cambridge Northbound.  
 Leave the M11 at junction 14, then merge onto the A14 (signposted Newmarket).  
 Leave the A14 at junction 33, then at roundabout take the 4<sup>th</sup> exit onto the A1309 (signposted Cambridge, City Centre). **\*\* Stay in the inside lane.** At first set of traffic lights, turn left onto Cowley Road. Follow the road round to the right - you will pass Orwell House on the left and Taylor Vinters on the right.  
 Bear left at next set of traffic lights and continue down this road and around a sharp left-hand bend. William James House (Coulsons Builders) is on the left-hand side.

### From the North

Take the A14 Cambridge Eastbound.  
 Leave the A14 at junction 33.  
 At roundabout take the 1<sup>st</sup> exit onto the A1309 (signposted Cambridge, City Centre). Follow from **\*\*** above.

**Parking:** Is available just inside the entrance on the right-hand side (Visitors Car Park).  
 The training centre can be found on the second floor of The Business Centre.

